

“There are no victims and no villains in the world.”

In the last couple of texts, we have talked about the idea that our Soul might have a “mission” or goal or plan and that when that mission is fulfilled, which it always will be, the Soul is ready to “force” the body to expire.

In short, the idea is that at some level, we choose when and how to die and that it is always after our work is complete.

A few people may be aware of their mission and even be happy and ready to die at the appropriate time. But, our experience is that the vast majority of people are not consciously aware of any specific mission or task that they need to accomplish. Neither are they aware that the task may have been completed and they can now pass away content in their understanding of this. And, why would you want to pass away, even if your mission was completed? There’s plenty more that could be accomplished.

The suggested reasoning for this is that we have three levels of Consciousness and we create everything in our lives at one level or another. The three levels are well known, as every one will have heard of their consciousness and their Subconscious (that drives the things that go on underneath the surface, the automatic processes that make our bodies work and allow us to react quickly to events without thinking). That’s two, and the third is also well known, at least by name if not by experience. We have the idea of a “higher” consciousness or Superconscious. We think that there is probably some part of us that is “nearer” to God or has a greater wisdom or is closely aligned with our Soul. This is where inspiration and spontaneous creative insight come from – you wake up in the night with a poem, a story or song in your mind, for example.

We think that we create at our conscious level. You know, we sit down and think of something then write it down or draw it or make it, all while we are wide awake. We conceive an idea in our mind then plan how to make it come to life.

What about our subconscious mind? Does that create anything? It certainly performs hundreds or thousands of functions. It keeps our heart beating, our lungs breathing our cells dividing and every movement we make is accomplished by our subconscious mind. It would simply be unimaginable to consciously think the functions required to make your hand and all the associated muscles work together to raise a glass of water to drink. You might have gone through a long process to master these bodily functions, but once mastered, they become automatic, like driving a car or riding a bike.

How about the Superconscious then? Is that creating anything? May be you don’t even believe that there is a superconscious. However, this is the faculty that has access to all knowledge. It is your link to God, or whatever you recognise as the Universal Source. It knows everything, but like God, has no agenda. It needs nothing and only responds when asked. If you never communicate with it, it won’t be upset, but you will be missing out on the one true source of all knowledge. Not only knowledge, but energy. It is through the

superconscious that energy flows through you to earth. You only need to ask it, then it will Inspire, Encourage, Drive and Energize your creative mind. Through dreams, by bringing people or situations to you, by playing just the right music at the right time, by dropping the write book in your lap or showing you a relevant situation, these are the ways that your superconscious can put you where you say you want to be.

There is a fourth level that “Home with God” talks about and that is the Supraconscious or Christ Conscious. This is when all three cylinders are firing together. When all your conscious levels of being are working together in harmony, you can move mountains.

Where does this leave us, where is the creation taking place?

The suggestion is that creation can take place at all four levels. Creation is said to follow the sequence – Think, Speak, Do (Thought, Word, Deed). It might sound like you can only do these three things at the conscious level. They are all physical things that need you to be engaged and active in order to accomplish them. If this were true, you would have to be aware of everything that you created in your life. Do you think that you might have created something without being consciously aware of it? Is that possible?

This raises the question, what is creation? What can I create? It’s pretty obvious that I can “make” things – a chair, a pie, a piece of art, a song, a joke, someone cry – wait a moment, I can “make” someone cry? Can you make someone laugh or be happy? What about angry or sad or fearful? Would I always be fully aware that I did any of these things? Could they happen at “arms-length” without me even being present. If someone looks at a photograph of me and smiles, is that something that I am creating and at what level?

Do I know where this discussion is going? I don’t. I don’t have the end in mind. I haven’t thought it all the way through, before I started writing it. I trust that somewhere inside me, or at a distance that I can reach, there is a thread of wisdom that I can pull on.

We can make someone else laugh or be happy. How would we do that? They have to agree to it. They join in. They take their role in the process. They are willing participants. You Choose to be Happy, or otherwise. In every moment, you decide whether or not any particular event is going to be experienced as a happy or sad situation. Irrespective of the outward circumstances, you can choose to always be happy. You can laugh at your own misfortunes.

If this is the case, then no one else can make you feel any particular way, against your will. So, you decide how you will feel in any situation. You pick your reactions and responses. What about the actual situations? How do you find yourself in “good” or “bad” situations? Do you have a hand in creating these as well?

If you keep “choosing” to associate with the same negative and aggressive men, even though they treat you badly, then you are probably creating that kind of environment for yourself. This can easily be recognised, if not overcome.

However, to take a more extreme case. What if you are killed by “friendly” fire while driving your tank through a war zone. Or you are sitting at home and a bomb drops on your house. Or you are driving down the highway and a truck coming the other way crosses the centre line and runs in to you. And the list goes on. You have to be able to trace a complex web of interconnecting branches to be able to see how these things might have been influenced by your own Self for your own Good. When you can see that we are all one, this starts to be possible. But I understand that most people are not going to look to themselves for the “cause” under these kinds of circumstances.

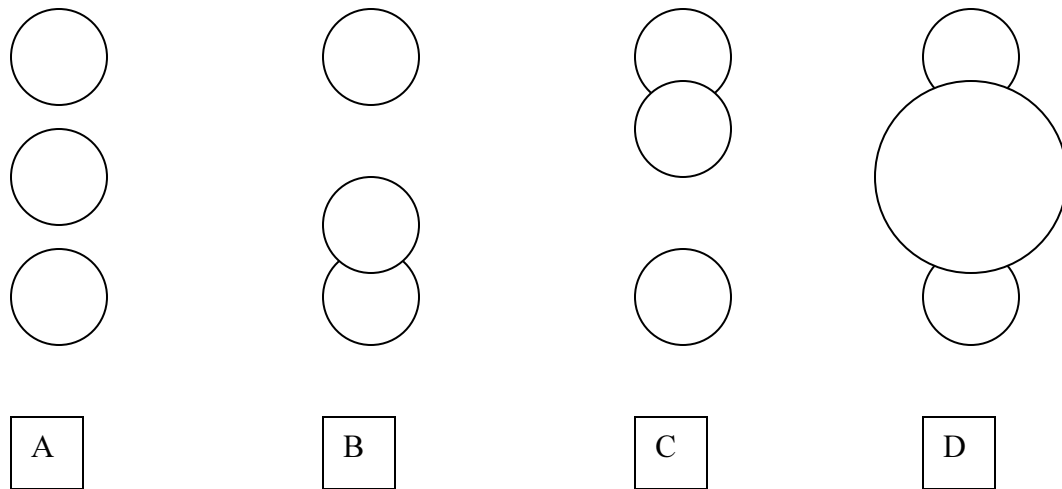
Even more interesting and complex situations occur when something like a plane crashes and all but one person dies, or someone decides not to get on the fatal plane, or a person is delayed by the accident on the highway and misses the fatal plane. You can accept all these things as pure chance, just “one of those things”, inexplicable, they are just “lucky”. However, while I don’t necessarily think that everything happens for a “Purpose”, everything does happen for a “Reason”. Purpose implies that there is a plan, a reason only requires a “cause” and everything has a cause. Even New thoughts, which happen rarely, are only possible because of the millions of previous thoughts that have been practiced in a particular order by a particular mind. New Life Evolution occurs when an Environment changes significantly. It never just happens for no reason.

If you can’t accept that you are at cause in all that comes to you, lets look at an example that will allow you to accept that if You Don’t Choose, Someone Else Will –

You need a job. You aren’t very creative and you don’t like taking responsibility, so you ask a friend that works in a factory, if they can get you an interview there. You are successful in the interview but the job is on the production line and you haven’t done that before. You spend the first week learning the tasks. This is quite complicated and you make many errors before managing the task adequately. You are still very slow and don’t produce the required level of output, but you expect that with practice you will.

This is a very typical situation. You have differed any choice of work environment to the easiest option, the one that your friend has. You accept whatever the employer has to offer you, even though you know you don’t have the skills yet. You have to train your subconscious to be able to carry out the tasks without your conscious input (otherwise things go wrong, you slow down and don’t earn enough). You hate the job and after 3 weeks you have an accident with one of the machines. You sue the company.

Who caused your accident? Why were you unhappy? Did your Soul find you the job? Was it the job of your “dreams”? Was it your “destiny” or your “mission” to work there and eventually have the accident? The accident may well prove to move you forward to greater things and when you look back you may say it all happened “as it was meant to”, but was there a “purpose” and a plan and did you follow it?



These are 4 examples of how a person might function with their Super-conscious, their Conscious and their Sub-conscious Minds. The three levels of consciousness are separated at birth, in the same way that light is split into constituent colour frequencies when it passes through a denser material.

A – represents the normal situation with little connection between the levels.

B – is a person that consciously tries to reach into his subconscious mind.

C – is trying to reach his higher self and receive divine help.

D – has understood that the task is to grow the size of his consciousness to encompass both the lower and higher levels at once, creating a channel to earth.

To summarize with a quote from the book (Home with God) – p58:

“Therefore, think only what you choose to experience, say only what you choose to make real, and use your mind to consciously instruct your body to do only what you choose to demonstrate as your highest reality. This is how you create at the conscious level.”

John.

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