

## To Be, or To Do, That is the Question

The issue in a sentence:

**Is Being enough, or do we have to Do something?**

*If everyone is God and God is everything, there is nothing that we need to do, everything is working according to "God's" plan (even if that is only by way of our plan), everything is OK just the way it is turning up, things that appear to be "bad" always turn out to lead us to a greater understanding of who we are, Why do we need to Do something to try to "force" a change in what appears to be playing out?*

This is a very interesting question and can be argued very strongly from either side. In my own life I have always recognized the madness that the human "race" creates for itself. Almost nothing that humans do is the best choice to achieve the outcomes they say they desire. Individuals can often achieve their own personal bliss and happiness and even make a positive difference in the lives of a few other people, sometimes in the lives of millions of other people. However, the state of the vast majority, living from their conditioned minds, is so firmly connected to the lower Chakras that they have no idea what is possible. They reflect that "it is bad, but what can you do?", "we don't like it, but it's for our own good", "if it keeps us safe, then loosing our freedom is the price we will have to pay".

All great Spiritual teachings tell us (and show us) that we can experience ourselves as the God that we are. By remembering who we are, by getting back in-touch with our inner self and reconnecting to our inspiration, our soul, we can regain our peace and freedom. We can do this as individuals and in theory, we can do it as a species. The teaching is – Remember that you are God, live from this position of Being (Human Being) and everything else will be added unto you. You only need to Be in order to receive all that you need. There is nothing that the outside world can do to adversely affect your soul, just choose who you want to be in the next highest version of who you are.

***So, the question is, "is my own personal Beingness going to be able to bring about real change in the world?" Let's add "significant" to that question.***

It is absolutely obvious to any seeker that this statement is true for the individual that follows the practice. You will personally grow by focusing on who you are and what you want to be. You will affect those around you in a positive way. Not just your family and friends, but the people that you meet on the bus or pass in the street or have a psychic or spiritual connection with, even across time and space. You will affect the group consciousness of humanity.

Some people believe that our individual and collective Evolution can only be in a positive direction. Our little god cannot unlearn any lessons, all lessons make us grow. No matter how bad our lives may appear to have been, we will have grown from the experience.

This doesn't mean that our lives need to be always positive or that we will experience everything as a growing experience. At the points in our cycles when we return to oneness with the source, we may well remember why we chose the life we led and what valuable lessons we learned and then re-know what it was all for. But, it is very easy for us, in our physical existence, to begin a downward spiral leading to a very grim ending.

Millions of species go extinct every year.

Millions of children starve to death every year.

Millions of people are murdered and tortured every year.

### **What a strange way to evolve.**

It is very convenient for comfortable, middle-class people in the affluent parts of the world to attribute purpose to these situations, suggesting that these people are putting themselves through "this or that" situation "because" their soul wants to "experience" themselves as a victim or that they want to show the rest of us that there is a problem that we need to pay attention to – the longer we don't pay attention to it, the worse it will get.

Well, this is true, it will keep getting worse and there will be more and more "victims" of the situation, until the rest of us pay attention and "change our minds" about what is "acceptable" and what is not.

So, to get back to "Beingness". To anyone that has thought about the Law of Attraction or done any level of Psychic or Spiritual study, or just move through life with their eyes open, they will have noted that "coincidences" happen all the time. That is, things that are synchronistic with our thoughts, without any obvious physical connection. For example, You decide that you will look for a dance class to attend and then a friend calls and invites you to one; you think of a question and the next news item on TV answers it for you; the phone rings and you know who it is and that it is bad news. These things happen all the time to everyone, but most people don't pay any attention to them, so the effect is small. Once you start to recognize them and pay attention to them, they grow and become more powerful, more often. This is part of our Being making things happen. We don't have to Do anything, except recognize that what we asked for has turned up and we need to grab it. I think I can illustrate this with a story:

### **Life (and Time) is like a fast-flowing river. At least that's the way we experience them.**

Throughout the wide expansive river are small boulders sticking up above the surface. These rocks are big enough for one person to sit on and everyone has one, just for themselves. Most people can't remember how they came to be sitting on a small rock in the middle of a giant river, but they know they have to deal with it.

As you sit down and look up stream you can see all manner of good things flowing towards you. The current takes them past your rock, much further away than you can reach. As you stretch out to try to reach them, you almost stumble into the water. In fact, you get your arm wet and only just save yourself from toppling in completely. You decide it is too dangerous to be reaching out.

You turn around and look down stream. You see all the good things that you missed, moving towards other rocks, with other people sitting on them. Most of the time they also go by, but occasionally you see a person just reach out and grab something wonderful from the river, with apparent ease, no effort was needed, they just reached out and took the thing that you had just missed. This makes you feel angry.

As you sit down again and focus your attention down stream, more and more items go passed your rock from behind you, but you are more interested to see how the other people further down the river are managing to capture things from the river. As well as the “lucky” people that seem to be sitting on rocks that attract items, there are “unlucky” people that don’t get anything going near them. Not even close enough to get with a pole, if they had one.

As well as these very lucky and unlucky people, you also notice that there are people standing in the water. Up to their waist in water, one hand clinging to their rock and the other hand stretching out to catch a passing object. This looks very dangerous, even though they appear to be having some success. It’s not for you, and you figure that the water in their area must be slower and less deep than in yours.

Another area of the river catches your eye, still looking downstream though. In this place there are people standing in the water, not close to their rock at all. They are wading out into the current to collect what they want from the river. Some are even working together to grab larger items, even though they are too big to fit on a single rock. This is all very scary and strange behavior. You decide to take another look up stream. Settling down and relaxed, you have a gentle thought, remembering that one of those very special items that you saw someone wading out to collect, was one that had gone right past your own rock, just inches away. You could have easily reached it, if you had noticed it in time, but you were focused down river. This time, instead of feeling angry, you are relaxed and thoughtful and realize that it was you that missed the opportunity and you are pleased that the other person was able to take advantage of your loss.

At that very moment, the moment of your acceptance of the situation, the moment of your joy for the other person, the exact same item bursts up from beneath the river, right in front of your feet. It lifts itself up onto your rock with the force of it own energy. And, attached to it is another gem from your desires. A gift from the river comes with it. Your face lights up with happiness and you instinctively turn to look back down stream at the person on the rock that received your gift. They are looking up at you, looking into their own “future” at your joy and thanking you for your gift.

At that moment, there is no separation. You and the other person experience oneness. The river of life is all happening at one time. No matter how far down the river that other person appears to be, they are there at the same time.

***How do you feel about your missed opportunities? How do you feel when you see other people receiving the fruits of your labour or the blessings of your kindness? How much work effort was required to manifest the objects of your desire from the river of life?***

You can draw any item from the river towards you on your rock. You can create the item as far up river as you can visualize. The further up the river you create your desire, the more attention you will need to pay to it in order to keep it on “your” track. It could be “high jacked” by another person or group. Remember, once you create the desire, it now exists for all to see.

Create big desires for the world, way into the future, so that everyone can see them and believe that they created them and allow them to be “captured” by others. Remember that most people don’t create desires for the world, they simply look to see what comes and then accept what is provided. Therefore, continually provide them with ideas of oneness, happiness and joy and that’s what they will reap, up stream ahead of where you are.

Create more personal desires right there in front of your own rock. Pluck them from the river right where you are. What you need today, tomorrow, next week, can all be created by you, right where and when you need them.

**How much “effort” did it take, to manifest your desires?**

Well, it depends what you mean by effort and what your desires are.

If you mean, did you have to go to work and toil for 60 hours to earn the money to be able to buy the TV of your desires? Yes, you probably had to toil in order to create the physical item of your desire.

Jesus said something like this:

Give to Caesar what belongs to Caesar and give to God what belongs to God

If your desires are physical desires, you will have to put in physical effort (even though an understanding of the “Laws” will make you much more efficient at doing even this).

If, however, your desires are Spiritual desires, you can manifest those results in an instant (around you). And, if enough of us plant the seeds of Joy and Happiness into the river of Life, far enough up stream, so that this is all that people can see coming their way, we can effect real change for everyone down-stream of our future thoughts (that includes us).

This is exactly what everyone else with “vision” is doing. Movie makers, games designers, politicians, business people, they are all planting thoughts into the future so that ordinary people have no obvious choice except to choose from what is on offer.

The thoughts that you entertain in your mind either floated in from the river of life or you created them anew (a rare occurrence).

**It’s up to us to flood the future with positive, spiritual thoughts.**

Is this “just” Being or **Taking Action**?

I think it is Taking Action

John

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