

Let's take a couple of steps here. First, we will review how magnets work, then later, after YOU have added your comments, we will consider the story from a Spiritual and a practical life point of view.

You can always check on ANY subject by looking at Wikipedia – here's the place to start for Magnets. I already know something about magnets as I am an electronics engineer.

<http://en.wikipedia.org/wiki/Magnet>

1. Typical magnets are made from Ferrous Metal. That is metal containing Iron. That's the kind of metal that can go rusty. You can not get a ferrous magnet to attract to a piece of non-ferrous metal such as Gold, Copper, Silver etc. That's the first requirement – **Like attracts like**.
2. A lump of ferrous metal may not be a magnet itself, but a magnet will always be able to “stick” to any piece of ferrous metal. So, what makes a piece of ferrous metal a magnet or not? A plain ordinary piece of iron has its atoms aligned in a random pattern. Each atom is like a mini-magnet, with positive and negative attributes (we are all made up of these atoms – hence **we are both positive AND negative**). In order to turn the plain piece of iron into a magnet, we have to line up all the atoms so they all face the same way – just like little soldiers. When they all face the same way, the iron becomes a mini-power house (just like us – when we all line up and work together, we become much stronger than the total of all individuals).
3. How do we get the atoms to line up? There are various ways. The simplest and slowest is to just put the “mixed-up” piece of iron next to the “lined-up” piece of magnet. Leave them together for a time and they “influence” each other. Some of the energy is transferred and some atoms in the non-magnetic piece get the message and line-up. A weak magnet is created. To speed up the process, you can stroke the weak piece with the strong piece, started at one end and moving along the bar to the other end. Lift the magnet off at the end of the stroke and return it to the beginning and stroke again. This will quickly encourage the atoms to line up and produce a stronger second magnet. There are other ways, but you get the idea.
4. Isn't a compass needle a magnet and don't magnets always point north? Yes, and may be. A magnet doesn't really point north, **it just looks as if it does**. If you remember nothing else from this story, remember this – **The Universe Responds as if ...** This is the point where man starts to add his mixed up story about “why” things are the way they are – because God did it, or the Devil did it or we didn't pray hard enough or we didn't give enough money or we didn't sacrifice enough chickens or prisoners etc. Once the atoms are lined-up inside the piece of iron (or the person, or humanity), then the whole piece of iron, now a magnet, can align itself with the greater “**field**” that it has always been basking in but didn't realize it – the earth's magnetic field (or the unified field or the field of infinite possibilities. **We only feel the field when we align our energies with it**). We have designated the North pole to be at the top of the map and when the piece of metal “points” there, we say it is “**North-Seeking**” or the north pole of the magnet, but there is no north or south pole in the magnet. If you cut the magnet in half, both pieces will align and point north.

5. We painted the north-seeking end of the magnet red and the other end white, so we can always tell where north is. If we did the cut and now have two pieces of magnet, from the original bar, the white end still points south and the red end north, so we can add more paint to complete the two magnets. So, both red ends point north. What happens when we bring these two north ends close to each other? They **Repel** each other (as do the south ends). The red and the white ends will want to reconnect – the **Opposite** ends will want to snap back together. Here's the "**Opposites Attract**" part.

### Quick summary

You have to be "made" of the same stuff to be in the same space.

Once you are aligned with the source, you will see, recognize and embrace your opposites.

I trust that you can follow this long explanation – it could be much longer ☺

Feel free to object, ask questions, suggest alternatives, correct errors, but at least, **line-up**.

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So what is the Life Story here?

There is more to the Secret than the Law of Attraction!

There is more than ONE Law!

Here are some of them -

Attraction  
Opposites  
Forgiveness  
Gratitude  
Giving  
Creation  
Gestation  
Evolution

To read about how Attraction and Opposites work, take a look at the Forum story called Magnets:

[http://dynamiccentre.net/index.php?option=com\\_kunena&Itemid=21&func=view&catid=16&id=30#35](http://dynamiccentre.net/index.php?option=com_kunena&Itemid=21&func=view&catid=16&id=30#35)

I'm sure that you are all well aware of the recent teachings around the Law of Attraction. It's been a well defined topic for a hundred years and is the basis of many ancient mystic teachings. It became main stream with modern books by Michael Losier and Esther and Jerry Hicks and then burst into the media with "The Secret" movie.

Since then, the people that took part in "The Secret" have each created their very own "programs" to tell you why there was always more to The Secret than was presented in the movie. The movie was an amazing production of interviews with "self-development" teachers that had a message – you are energy and you create your own reality. If you don't like the way your life is turning out, just change your mind and create a better one.

Lots of people tried to change their minds and create a better “physical” experience – more money, better job, better partner, bigger house, great holiday – it can all be yours, it just needs you to think positive about what you want and not about what you don’t want.

Did it work? It always works, all of the time.

OK – did people get what they thought they wanted? Well plenty of people did, but it would appear that many more were very disappointed. There is always more money to be made from not quite fixing people’s problems, than there ever will be from making things “perfect”.

How could it work? How could it not work?

I don’t want to spent time revisiting all the teachings and methods for getting Attraction to work for you instead of against you, but the basic principals are:

1. Think about what you want and not what you don’t want
2. Set your goals and be clear about them, hold them in your mind and see that you have them now. Experience yourself having already achieved what you wanted.
3. Define and repeat positive statements about your goals (in the present tense).
4. Then, depending on who you listened to – take action in the direction of your goals – Hence the name of my other web site:

<http://ActionForAttraction.com/>

So, where is the problem? It all sounds very positive and straightforward. Well, IT is. The trouble is that people are not. And, there is more than One Law. Again, Attraction has been explained by hundreds of people. The principal is that what you vibrate is what you will attract. Taking the Magnet story – you can only attract things that are made of the same stuff as you – so, if you think that everyone around you has a serious problem, take a closer look at yourself.

If you want to attract something different – you need to change yourself first. That’s it!

Can I attract a new car, without changing myself? Sure, you can just BUY a new car.  
Can I attract a new lover, without changing myself? Sure, you can have a different lover every night of the week.

Can I get a “better” job, without changing myself? OOPS, you just slipped in the word “better” there – did you mean to do that? How ever you define “better” is the level of improvement that YOU have to go through before you can attract that better thing or situation to you.

Are you saying that I am stuck in my current state forever, unless I decide to do some personal development? That sounds a bit like something that a personal development teacher would say to his potential students ☺

Several teachers would use this saying:

“If you want to know where you will be in 10 years from now, look at where you were 10 years ago. If you are still where you were then, you will still be there in another 10 years.” Same with your financial wealth – you have a preset level and you probably reached it before you were 30.

Our minds are being conditioned from the moment of conception. Pardon – what mind? A couple of cells have a mind? Your mind isn't in your brain, it is in the wall of every cell in your body.

John

<https://BritishFool.com/>

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